

# Lakes Area Football League (LAFL) Rules and Regulations

## Ownership/Entrants

The LAFL consists of 10 entrants, each of whom own a franchise football team. Owners will remain the same year-to-year unless an owner decides not to continue. Owners must have a free account created on the league management site myfantasyleague.com.

## Entry Fee

The entry fee for LAFL is \$50 annually. The fees will be combined and paid out at the conclusion of the LAFL season as seen in "Payouts" below. A portion of the entry fees will be used to pay for the use of a fantasy football league management site, in this case myfantasyleague.com.

## The LAFL Draft

The LAFL draft consists of 30 rounds, during which LAFL teams will construct their rosters from active NFL players. The draft order for the first round is random and will be determined by a card draw between the commissioner, current owners, and/or neutral parties if needed. Rounds two through thirty will continue in a serpentine manner (10-1, 1-10, 10-1, etc.) until all rounds are complete. All owners must construct their team with at least the following minimums:

1 Quarterback (QB) 1 Running Back (RB) 2 Wide Receivers (WR)	1 Tight End (TE) 1 Kicker (K) 18 options – any positions	2 Defensive Linemen (DL) 2 Linebackers (LB) 2 Defensive Backs (DB)
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## The Regular Season

The 10 LAFL teams will be split into two divisions of five teams each. The LAFL regular season will consist of an 18-game season that coincides with the NFL season. Each team in the league will play each other team twice each, whether in the same division or not. There will be no bye weeks.

Each week, owners must submit a starting lineup using the league management site. If a partial lineup or no lineup is submitted, the site assumes the missing portions of that team's lineup to be identical to the previous week's lineup.

During weeks with an early game(s) (usually Thursday), owners may submit only players as starters who are involved in the early game(s). Other players must be determined before kickoff of their individual NFL games. A weekly starting lineup consists of the following:

<u>Offense</u>		<u>Defense</u>	
1 Quarterback (QB)	1 Tight End (TE)	2 Defensive Linemen (DL)	2 Defensive Backs (DB)
1 Running Back (RB)	1 Kicker (K)	2 Linebackers (LB)	2 Options (DL, LB, DB)
2 Wide Receivers (WR)	2 Options (RB, WR, TE)		

Each week will consist of head-to-head match-ups against 1 other team in the league. A schedule will be randomly generated on the hosting website. In each match-up, the team that scores the most points based on the "Scoring" below will be the winner (ties are possible). In the event that the league has an odd number of owners, one team each week will have a "bye". In order to earn a victory on a "bye" week, that team must score more points than the average of all other LAFL teams for the week.

At the end of the regular season, the division winners, the next two best records, and the three teams that have accumulated the most points for the entire season will be rewarded as shown in "Payouts" below.

## **The Playoffs**

There is **ONE (1) WAIVER ONLY** period after the conclusion of the NFL regular season! After this waiver period (which is just like a regular season waiver period that processes on Wednesdays), **NO FREE AGENT PICK-UPS ARE ALLOWED** (which is different from the regular season rules, in which you pick up a free agent up until 5 minutes before that individual player's game starts for that week).

## **Playoff format:**

The LAFL playoffs are completely separate from the LAFL regular season.

They coincide with the NFL playoffs, running four weeks (wild card weekend, divisional round, conference championship, Super Bowl).

The difference is that every team in the LAFL makes the playoffs, and there are no eliminations each week like in the NFL.

## **Scoring:**

LAFL teams score points using the same scoring rules as the regular season, but the points are added up as a total for all 4 weeks of the NFL playoffs, rather than a single head-to-head match-up like during the regular season.

For example, Klegg's Folly's players score 140 on NFL wild card weekend, 112 during the NFL divisional playoff weekend, 80 during the NFL conference championship weekend, and 68 during the NFL Super Bowl, for a total of 400 total points for the entirety of the LAFL playoffs.

Payouts:

The top 4 point scorers based on total points for all 4 weeks combined get payouts of the percentages listed in the rules.

## **Player Acquisitions**

There are two components to player acquisitions:

*Claims Period* - owners can acquire any NFL player not on any other LAFL team's current roster by placing a bid for that player on the league website. There is no limit on how many claims you can make online during this period. The claims order will be set each week on Tuesday morning; it will be the reverse order of the previous week's Power Rankings (see below). Ties are broken first by record, then by total points scored; further ties are broken by a coin flip. **However, during the LAFL playoffs, no claims are allowed.**

*Free Agency* – After claims are processed, owners may then acquire players on a first-come, first-served basis until kick-off of each individual player's NFL game that week. In order to pick up a player via free agency, the player being waived must not have had his NFL team's game for that week start.

## **Trades**

Trades between LAFL teams must be between only two owners. A league roster is considered inactive from the end of the NFL Super Bowl until the start of the next season's LAFL draft. This means that players may not be traded during the NFL's off-season. Players may not be traded for future draft picks. Players acquired in a trade can be kept by their new owner the following season by following all "Keeper Player" rules (below). The league commissioner will review all trades before approving them, and reserves the right to disallow a trade if there is suspected collusion.

### **Keeping Players**

Players kept must be from your originally drafted team (or traded to you); must have been on your team roster for the entire season (and/or the previous team if acquired in trade), from draft day to the day of the Super Bowl; and must be on your ACTIVE roster at the start of the NFL Super Bowl. Each returning owner may elect to keep (1) player from each position (i.e., one QB, one RB, etc.) – thus, 8 maximum players may be kept.

Any player thus kept will fill the draft spot five (5) rounds higher than his previous year’s draft spot. This allows a player to be kept for more than one year! For example, Power Surge drafts Jared Goff in Round 22 – in succeeding seasons, they may choose to keep Goff by drafting him in Rounds 17, 12, 7 and 2. After that, Goff cannot be kept, and will become available to any team through the normal draft process. The player(s) you keep are official when they are announced at the time of the keeper deadline, and will be announced to the league prior to the draft starting. You may not trade your keeper picks from the draft round and pick for which they are set.

If keepers are officially announced and one of your keepers suffers a “significant” injury before the NFL season starts, you may reverse your decision to keep said player. A “significant” injury is defined as one that is widely believed to keep that player out for 6+ weeks.

New owners will either take over a team (if 1 new owner) and choose from that team’s keepers, or will participate in a “new owner keeper draft” if there is more than one new owner. Said draft will have a random first round order and continue in a snake-draft fashion until all owners pass on their pick. Normal keeper rules apply.

**Payouts**      Entry fees go into a pool, which is split (less league management site fees) as follows:

High Score each NFL week earns \$5 (if there is a tie, all tied teams split the \$5).

Regular Season Records	Division Winners Split Equally	38% of pool
	Best Record, non-division winner	7% of pool
	2 <sup>nd</sup> Best Record, non-division winner	4% of pool
	Longest Winning Streak	3% of pool
Regular Season Total Points	First Place	7% of pool
	Second Place	4% of pool
	Third Place	2% of pool
	Fourth Place	2% of pool
Post-Season Total Points	First Place	15% of pool
	Second Place	9% of pool
	Third Place	6% of pool
	Fourth Place	3% of pool

In the event that owners tie for any of the above earnings, the following tie-breaking system is used:

1. Head to Head Record
2. Total Points Scored (Regular Season)
3. Head to Head Points Scored (Regular Season)
4. The involved teams will divide the winnings evenly

**Scoring**      Each player in a LAFL team’s starting lineup scores points based on their NFL performance that week. The official league source for statistics is determined by the hosting website. Please refer to the separate file sent to you for LAFL scoring.